

## Sunday Night Meditation Schedule 2025

Date	Mahat Meditation	MRIAC Facilitator
05/01/2025	Level 3	Shannon Piotrowski
12/01/2025	Level 1	Beverly Dallas
19/01/2025	Level 2	Shannon Piotrowski
<b>26/01/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
02/02/2025	Level 3	Beverly Dallas
09/02/2025	Level 2	Shannon Piotrowski
16/02/2025	Level 3	Beverly Dallas
<b>23/02/2025</b>	<b>Level 4</b>	<b>Melaney Ryan</b>
02/03/2025	Level 1	Shannon Piotrowski
09/03/2025	No Class	Chiang Mai Retreat
16/03/2025	No Class	Chiang Mai Retreat
23/03/2025	Level 2	Beverly Dallas
<b>30/03/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
06/04/2025	Level 3	Shannon Piotrowski
13/04/2025	Level 1	Beverly Dallas
20/04/2025	No Class	Easter Break
<b>27/04/2025</b>	<b>Level 4</b>	<b>Melaney Ryan</b>
04/05/2025	Level 2	Shannon Piotrowski
11/05/2025	Level 3	Beverly Dallas
18/05/2025	Level 1	Shannon Piotrowski
<b>25/05/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
01/06/2025	Level 2	Beverly Dallas
08/06/2025	Level 3	Shannon Piotrowski
15/06/2025	Level 1	Beverly Dallas
22/06/2025	Level 2	Shannon Piotrowski
<b>29/06/2025</b>	<b>Level 4</b>	<b>Melaney Ryan</b>
06/07/2025	Level 3	Beverly Dallas
13/07/2025	Level 1	Shannon Piotrowski
20/07/2025	Level 2	Beverly Dallas
<b>27/07/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
03/08/2025	Level 3	Shannon Piotrowski
10/08/2025	Level 1	Beverly Dallas
17/08/2025	Level 2	Shannon Piotrowski
24/08/2025	Level 3	Beverly Dallas
<b>31/08/2025</b>	<b>Level 4</b>	<b>Melaney Ryan</b>
07/09/2025	Level 1	Shannon Piotrowski
14/09/2025	Level 2	Beverly Dallas
21/09/2025	Level 3	Shannon Piotrowski
<b>28/09/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
05/10/2025	Level 1	Beverly Dallas
12/10/2025	Level 2	Shannon Piotrowski
19/10/2025	Level 3	Beverly Dallas
<b>26/10/2025</b>	<b>Level 4</b>	<b>Melaney Ryan</b>
02/11/2025	Level 1	Shannon Piotrowski
09/11/2025	Level 2	Beverly Dallas

<b>Date</b>	<b>Mahat Meditation</b>	<b>MRIAC Facilitator</b>
16/11/2025	Level 3	Shannon Piotrowski
23/11/2025	Level 1	Beverly Dallas
<b>30/11/2025</b>	<b>Level 5</b>	<b>Melaney Ryan</b>
07/12/2025	Level 2	Shannon Piotrowski
14/12/2025	Level 3	Beverly Dallas
21/12/2025	No Class	Christmas Break
28/12/2025	No Class	New Years Break